



Take the **#CLEARTHECRIB CHALLENGE** TO CREATE A SAFE SLEEP SPACE FOR BABY

Visit <https://bit.ly/CleartheCrib> for full details, including certificates and other materials. General **#ClearTheCrib** Challenge steps are as follows:

1. Set up baby's sleep space (Visit <https://www.cpsc.gov> to find safety standards for infant sleep spaces). Make sure there is enough room to safely move around the space.
2. Add up to 10 "REMOVE" items or crib clutter and at least 1 "KEEP" item to the sleep area. Visit <https://bit.ly/CleartheCrib> to learn more about these items.
3. Review game instructions and the [What Does A Safe Sleep Environment Look Like?](#) handout.

Optional: If you want to share the challenge with friends on social media, use a cell phone camera or another video-recording device to record yourself as you complete the activity.

4. Set a timer for 10 seconds to **#ClearTheCrib**. The goal: Take out all the "REMOVE" items and leave the "KEEP" items before time runs out.
5. Count the number of correct items removed and those left in the sleep space. If several people are playing, the person who removed/left in the most correct items wins!

Share approved videos/photos, if desired, on social media and digital channels using the **#ClearTheCrib** hashtag!